



HoMBReS

Hombres Manteniendo Bienestar y Relaciones Saludables

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FOCUS

- General population

ORIGINAL SITE

- Community-Based

APPROACH

- Behavioral Skills Development
- Community Outreach
- Condom Education/Access
- HIV/STD Education
- Self Efficacy/Self-Esteem

COMPONENTS

- Behavioral Skills Practice
- Group Discussion
- Lectures
- Peer Counseling/Instruction
- Role Play

SUMMARY

The HoMBReS Program aims to increase knowledge about STIs/HIV transmission, prevention, and testing; alter attitudes about masculinity; and reduce sexual risk behaviors among Latino men during four 4-hour group sessions led by a trained HoMBReS facilitator.

SUITABLE FOR USE IN

Although designed to reach men who recently arrived in the USA and who are at higher risk for HIV/STIs than the general population, this program is suitable for use in all lower income Latino communities with male soccer or other sports teams.

ORIGINAL INTERVENTION SAMPLE

Age range:
18-71 (mean 29) years

Race/Ethnicity
100% Hispanic

Gender
100% Male

PROGRAM LENGTH

The program consists of four, 4-hour sessions delivered during two consecutive weekends.

STAFFING REQUIREMENTS/TRAINING

HOMBRES is delivered by a trained adult Latino male facilitator. The Facilitator's Manual provides detailed instructions and scripts to aid the facilitator in implementing

HAPPA PROGRAM PACKAGE

The HAPPA Program Package for this program includes:

- ▶ *HoMBReS* User's Guide
- ▶ 1 Set of Forms Requiring Customization
- ▶ 1 Set of Program Materials Photocopy Masters
- ▶ 1 Set of HIV and STI Symptoms and Treatments Photocopy Masters
- ▶ 10 Sexually Transmitted Diseases Pocket Reminder Cards
- ▶ 1 HoMBReS CD
- ▶ 1 Adaptation Workbook
- ▶ 1 Original Evaluation Materials Booklet
- ▶ 1 HAPPA Process Evaluation
- ▶ 1 HAPPA Evaluation Assistance Kit (includes the Evaluation Questionnaire)
- ▶ Telephone technical support on implementation and evaluation for 1 year