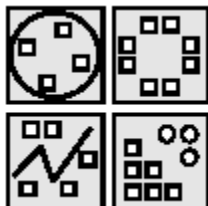


# Drug User Intervention Trial DUIT Program



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## FOCUS

- Injection drug users and their non-injecting partners
- STD Clinic Clients
- Women
- Minority Specific
- Other

## ORIGINAL SITE

- Community-Based
- Clinic-Based

## APPROACH

- Behavioral Skills Development
- Community Outreach
- Condom Education/Access
- HIV/STD Education
- Needle Cleaning/Exchange
- Self Efficacy/Self-Esteem

## COMPONENTS

- Behavioral Skills Practice

## SUMMARY

*DUIT* is a small-group, clinic-based, behavioral intervention that aims to reduce risky injection and sexual behaviors among injection drug users who are HIV and HCV negative. During six 2-hour sessions, two trained health advisors promote group cohesion and peer education within the DUIT group. The health advisors encourage behavior change by teaching peer-education tactics, risk-reduction strategies, and safer sex and injection negotiation skills. Ultimately, the DUIT program increases participants' perceived risk of HIV/HCV, their motivation to practice safer injection and sexual behaviors, their knowledge of risky behaviors, and key risk-reduction strategies.

## SUITABLE FOR USE IN

This program is suitable for use in treatment centers, clinics, shelters, or other community-based settings that have a room that can accommodate all participants.

## ORIGINAL INTERVENTION SAMPLE

### Age Range

15 - 30 years

### Gender

67% male; 33% female; <1% Transgender

### Race/Ethnicity

100% African-American

## PROGRAM LENGTH



Group Discussion



HIV Antibody Testing/Counseling



Lectures



Peer Counseling/Instruction



Role Play



Safer Sex Communication/Negotiation



Communication / Negotiation



Video

The program consists of six, 2-hour sessions delivered over three weeks.

## STAFFING REQUIREMENTS/TRAINING

*DUIT* is delivered by two trained health advisors, at least one of whom is female, and who reflect the demographics of the participants. The Facilitator's Manual provides detailed instructions and scripts to aid the health advisors in implementing the intervention.

## HAPPA PROGRAM PACKAGE

The HAPPA Program Package for this program includes:

- ▶ *Drug User Intervention Trial* User's Guide
- ▶ Facilitator's Manual
- ▶ Program Materials for Sessions 1-6
- ▶ Logs and Forms Photocopy Masters
- ▶ Adaptation Workbook
- ▶ Dye Demonstration Video
- ▶ CD Intervention Video
- ▶ HAPPA Evaluation Assistance Kit (includes the Evaluation Questionnaire)
- ▶ Original Evaluation Materials Booklet
- ▶ HAPPA Process Evaluation
  
- ▶ Telephone technical support on implementation and evaluation for 1 year