



BROTHER TO BROTHER - Hot, Healthy and Safe

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FOCUS

- Injection Drug Users & Their Non-injecting Partners
- Gay/Bisexual Men
- STD Clinic Clients
- Women
- Minority Specific
- Other

ORIGINAL SITE

- Community-Based
- Clinic-Based

APPROACH

- Behavioral Skills Development
- Community Outreach
- Condom Education/Access
- HIV/STD Education
- Needle Cleaning/Exchange
- Self Efficacy/Self-Esteem

COMPONENTS

- Behavioral Skills Practice
- Group Discussion
- HIV Antibody Testing/Counseling

SUMMARY

BROTHER TO BROTHER is a three-session behavioral intervention aimed at reducing HIV infection among African-American gay and bisexual men. Sessions are designed to foster positive identity development, educate participants about HIV/AIDS risk, teach assertiveness, and encourage the sharing of commitments and strategies for risk reduction among group members. Participants gain mastery through role-play, group discussion, and behavioral skills exercises. BROTHER TO BROTHER was first implemented and evaluated with a group of young African-American gay and bisexual men in San Francisco from 1989 to 1991. At the 12- and 18- month follow-up interviews, significant reductions in unprotected anal intercourse were reported by BROTHER TO BROTHER intervention participants as compared to their control group counterparts.

SUITABLE FOR USE IN

This program is suitable for use in STD clinics and other community organizations that provide education or services to African-American gay and bisexual men.

ORIGINAL INTERVENTION SAMPLE

Age, Gender

Average age 31, 100% male

Race/Ethnicity

100% African-American

PROGRAM LENGTH

Each of the three student sessions is designed to run 3 hours. To help ensure

- Lectures
- Peer Counseling/Instruction
- Role Play
- Safer Sex Communication/Negotiation
- Video
- Other

program effectiveness, sessions should be held one week apart (i.e., three sessions in three weeks).

STAFFING REQUIREMENTS/TRAINING

The *Facilitator's Manual* provides detailed instruction to help implement the curriculum, however since this is a culture and gender-specific intervention, the facilitator must be an African-American homosexual/bisexual man.

HAPPA PROGRAM PACKAGE

The HAPPA Program Package for this program includes:

- ▶ *Brother to Brother* User's Guide
- ▶ *Tongues United* videotape
- ▶ Program Materials packet
- ▶ Original Evaluation Instrument
- ▶ HAPPA Adaptation Workbook
- ▶ Facilitator's Manual
- ▶ *Black Wishes* videotape (Note: this video contains sexually explicit material of a graphic nature)
- ▶ HAPPA Evaluation Assistance Kit (includes the Evaluation Questionnaire)
- ▶ Process Evaluation Instrument

- ▶ Telephone technical support on implementation and evaluation for 1 year