

Program Abstract

Summary

The Wise Guys® program is designed to prevent adolescent pregnancy by teaching adolescent males self-responsibility in the areas of sexual development, decision-making, and relationships. The Wise Guys® program is a weekly, 10-session group intervention for adolescent males that is delivered by a staff educator. Each session is approximately 45 to 60 minutes long. The program covers a broad range of topics including: masculinity, communication, relationships, dating violence, fatherhood, values, goal setting, decision making, sexuality, sexually transmitted infections, contraception, and abstinence. Wise Guys® has been demonstrated to effectively improve adolescent males' knowledge of sexual behavior and reproductive behavior, and their knowledge of STI transmission, and to instill desirable attitudes toward sex and appropriate behavior in sexual relationships. In addition, participation in Wise Guys® has also demonstrated desirable behavior changes in relation to use of condoms and contraception by sexually active participants.

Focus



Primary
pregnancy
prevention



Secondary
pregnancy
prevention



STI &
HIV/AIDS
prevention

Original Site



Home-based



Community-
based



Clinic-based

Suitable for Use In

The program may be offered in a variety of settings including, but not limited to, school settings, faith-based institutions, juvenile detention center, and other community sites. Virtually any place where young men gather to learn and grow with the guidance of trusted adults is an appropriate setting for the program.

Program Abstract (continued)

Approach	<input checked="" type="checkbox"/> Abstinence <input checked="" type="checkbox"/> Behavioral Skills Development <input type="checkbox"/> Community Outreach <input type="checkbox"/> Contraceptive Access <input checked="" type="checkbox"/> Contraceptive Education <input type="checkbox"/> Life Option Enhancement <input type="checkbox"/> Motivational Interviewing <input checked="" type="checkbox"/> Self-Efficacy/Self-Esteem <input checked="" type="checkbox"/> Sexuality/HIV/AIDS/STI Education
Original Intervention Sample	<p>From fall 2005 through spring 2007, the Wise Guys® program was delivered to adolescent males in nine Guilford County Schools in North Carolina. The program was delivered in 8 to 10 weekly classroom sessions averaging 45 minutes. The experimental group of the study consisted of 394 adolescent male students who met the criteria for inclusion in this study and participated in the Wise Guys® program. Approximately 91% of these participants attended four or more sessions. During the same period, a control group of 225 adolescent male students was randomly identified as a comparison group.</p>
Program Components	<input checked="" type="checkbox"/> Adult Involvement <input type="checkbox"/> Case Management <input checked="" type="checkbox"/> Group Discussion <input checked="" type="checkbox"/> Lectures <input type="checkbox"/> Peer Counseling/Instruction <input type="checkbox"/> Public Service Announcements <input checked="" type="checkbox"/> Role Play <input checked="" type="checkbox"/> Video <input type="checkbox"/> Computer-Based Assessment <input type="checkbox"/> Other
Program Length	<p>The Wise Guys® program is a weekly, 10-session group intervention for adolescent males ages 11 to 17 years old that is delivered by a staff educator. Each session is approximately 45 to 60 minutes long.</p>
Staffing Requirements / Training	<p>One or two adults, trained as educators, present the Wise Guys® sessions to groups of participants. If one educator is used, the ideal group size is 12 to 15. With two educators the group size may range up to about 25 participants. Although not required, it is strongly</p>

encouraged for new and experienced educators to obtain specific training in Wise Guys® that is offered by Children's Home Society of North Carolina. For information about training schedules and cost, please contact:

Children's Home Society of North Carolina
Attn.: Wise Guys
1416 Yanceyville St. – Suite A
Greensboro, NC 27405
Phone: 336-333-6890
Fax: 336-333-6891
www.wiseguysnc.org

Program Materials

This PASHA program package contains one complete set of materials needed to implement the Wise Guys® program including:

- The Wise Guys Male Responsibility Curriculum®
- NOVA: The Miracle of Life DVD
- Activity Cards
- PDF files of Activity Cards (on USB Flash Drive)

Notes about Evaluation

Resources for evaluation are also included in the program package:

1. Evaluation Instruments used in the original implementation of Wise Guys®
 - a. Pretest Questionnaire
 - b. Posttest Questionnaire
 - c. 6-month Follow-up Questionnaire
2. *Prevention Minimum Evaluation Data Set (PMEDS)*, a generic questionnaire that can be adapted to suit most prevention programs
3. *Local Evaluator Consultant Network Directory*

These evaluation materials are included as a starting point for evaluating your program, should you choose to do so. Before using these or any other survey instruments with your participants, it is very important that approval is received from the appropriate people in your community (e.g., school officials, parents, etc.). Most programs can benefit from outside help in designing and carrying out an evaluation. Your local university may be a good place to look for outside help—or you may refer to the *Local Evaluator Consultant Network Directory*.

Program Abstract (continued)

Program Acquisition & Implementation Cost

The cost of this PASHA program package includes one complete set of materials needed to implement this program, the resources for evaluation described above, as well as telephone technical support on program implementation and evaluation for one year (call PASHA staff; see below).

Contact Information

Dr. Carmela G. Lomonaco, Project Director
Program Archive on Sexuality, Health and Adolescence (PASHA)
Sociometrics Corporation
Tel: (650) 383-6268
Fax: (650) 949-3299
E-mail: socio@socio.com

Bibliography

Gruchow, H. W., & Brown, R. K. (2011). Evaluation of the Wise Guys Male Responsibility Curriculum: participant-control comparisons. *The Journal of School Health*, 81(3), 152–158. doi:10.1111/j.1746-1561.2010.00574.x