



Human Sexuality--Values & Choices:

A Values-Based Curriculum for 7th and 8th Grades

Search Institute

FOCUS

- Primary Pregnancy Prevention
- Secondary Pregnancy Prevention
- STD/HIV/AIDS Prevention

ORIGINAL SITE

- School-Based
- Community-Based
- Clinic-Based

APPROACH

- Abstinence
- Behavioral Skills Development
- Community Outreach
- Contraceptive Access
- Contraceptive Education
- Life Option Enhancement
- Self-Efficacy/Self-Esteem
- Sexuality/STD/HIV/AIDS Education

COMPONENTS

- Adult Involvement
- Case Management
- Group Discussion
- Lectures

SUMMARY

Developed for use in 7th and 8th grade classrooms, this program aims to reduce teenage pregnancy by promoting seven core values that support sexual abstinence and healthy social relationships: equality, self-control, promise-keeping, responsibility, respect, honesty, and social justice. The curriculum including 15 student lessons and 3 adult-only sessions is distinguished by: 1) an emphasis on parent-child communication; and 2) the use of a standardized, video-assisted format. Participants gain mastery through role plays, group discussions, and behavioral skills exercises. Following a field test in nine schools, program participants showed a greater understanding of the risks associated with early sexual involvement, and they expressed increased support for postponing sexual activity, as compared to a control group of their peers.

SUITABLE FOR USE IN

This program is suitable for use in schools and any other community organization that provides education or services to seventh and eighth graders.

ORIGINAL INTERVENTION SAMPLE

Age, Gender
56% age 12, 33% age 13, 7% age 14.
48% male.

Race/Ethnicity
62% White, 19% African-American, 10% Latino,
9% Other (includes Asian and Native American).

PROGRAM LENGTH

The 15 student lessons are designed to run 45-50 minutes each. The 3 parent sessions should each last about 2 hours. The sequencing of the sessions is flexible.

STAFFING REQUIREMENTS/TRAINING

- Peer Counseling/Instruction
- Public Service Announcements
- Role Play
- Video
- Other

There are no special requirements. The Teacher's Manual provides detailed instruction to help classroom teachers implement the curriculum.

PASHA PROGRAM PACKAGE

The PASHA Program Package for this program includes:

PASHA User's Guide
Teacher's Manual
Values and Choices Videotape
A Guide for Parents of Young Adolescents
Yes You Can! A guide for sexuality education that affirms abstinence among young adolescents
Activity Masters Packet
My Values, My Choices: A Student's Thoughtbook
My Values, My Choices: A Teacher's Guide
35 Values Cards
Values and Choices poster
Breaking the Silence audiocassette
HIV Infection and AIDS: What Everyone Should Know
Birth Control pamphlet
Resource Guide for Sex Educators
Adolescent Sexual Resources Available from Sociometrics
Transitions, March 2003 (newsletter reprint)
Student Questionnaire
Parent Questionnaire
Prevention Minimum Evaluation Data Set (PMEDS)
Local Evaluator Consultant Network Directory

Telephone technical support on implementation and evaluation for 1 year