

## **SOCIOMETRICS PROJECT NO. 223**

### **Sexual Health and Adolescent Risk Prevention Training and Support Services for California STD/HIV Prevention Training Center**

The SHARP training and support services program for California PREP (Personal Responsibility Education Program) initiative grantees provides a solid background of the SHARP evidence based program materials and implementation. Attendees will learn the background and framework used to develop the SHARP program, including the integration of Motivational Interviewing strategies and techniques. A step-by-step guide to the program components and to the core tenets of Motivational Interviewing were covered and attendees practiced newly acquired Motivational Interviewing skills through group-based exercises using the actual SHARP curricula, including how to administer and facilitate SHARP's videos, computer game and key activities. Attendees had the opportunity to prepare and deliver in real time the personal alcohol assessments, the Personal Feedback form and discussion of these materials. The program concluded with a discussion about fidelity forms and other internal quality control mechanisms. Opportunities to discuss implementation planning, capacity building and potential challenges were also included.

Sponsor: CA STD / HIV Prevention Training Center  
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Grant No: Project

Officer: Ashley Bragg and Aly Miller

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Staff: C. Lomonaco, J.Wu