The California Adolescent Nutrition & Fitness Program (CANFit) has been administering about thirty-five program planning and implementation grants to various community-based programs working to improve nutrition and fitness among California’s adolescent population. Working with CANFit personnel, Sociometrics directed the development of a conceptual framework for the implementation of an evaluation of the processes, outcomes, and impacts of the organization and its contractors. The major theme of the evaluation framework was to help assess CANFit’s effectiveness in engaging communities, and improving their capacity to improve the nutrition and physical activity status of low-income, African-American, Asian/Pacific Islander, Latino, and American Indian adolescents (10-14 years old) in California.

Sponsor: The California Adolescent Nutrition & Fitness Program (CANFit)
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Contract No: 403
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Project Officer: Arnell Hinkle

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