

Panel Meeting Notes 12-11-09

- best if the intervention is conducted outside of class time (after school)
- 15 minute sessions for a maximum of 15 weeks
- estimated 3-4 students per computer
- internet based course is feasible (as opposed to DVD/flash drive)
- Guinness book or world records: Modoc county has the highest rate of alcohol consumption in the nation
 - after a bit a research it appears that this record hasn't been valid with Guinness World Records (formerly known as The Guinness Book of World Records) since 1991 when they dropped their eating and drinking category for ethical reasons. This category includes all liquor, wine, and beer. The good news is that Modoc county hasn't actually held this record for at least two decades, and hopefully this outdated information can be rectified if the kids are cognizant of it.
- panel strongly advocated for including Maggie Steele, who is well respected by the kids, in the course
- use of universal wheel (a global, non-nation specific version of the medicine wheel)
 - book The Sacred Tree addresses the specifics
- nations is the preferred term (instead of using tribe)
- rewards for completing the program (high potential for increased retention)
 - camping trip
 - t-shirts
- dichotomy of harm includes natural plants ('the medicines') vs. man-made synthetics
 - previously used example for making the important distinction between the medicines and commercial substances
 - either still have the potential for abuse
 - “Friends don't let friends abuse the medicines.”
- 1-4 was identified as a potential meeting time with the panel in Reno (Jan 23rd)
- discovered that flight to Reno may be best mode of transportation
 - take shuttle from Reno to South Tahoe